



2021 ESY SCHOOL LUNCH MENU

1% White or Fat Free Chocolate Milk or Non-Dairy Milk & Water
Menu Subject to Change



Daily Option: Sunflower Butter/Jelly (100% PEANUT FREE) or a cheese sandwich on whole wheat with milk, veggies and fruit of the day

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
6/28	Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk	Fajita Chicken Rice Carrots Mixed Greens Salad Mixed Fruit Milk	Pasta with Meat Sauce Broccoli Mixed Greens Salad Peaches Milk	Sliced Turkey on Wheat Bun Green Beans Mixed Greens Salad Mixed Fruit Milk	Egg Salad on Wheat Bun Mixed Vegetables Mixed Greens Salad Peaches Milk
7/5	No School	Hamburger Gravy Mashed Potatoes Green Beans Peaches Milk	Macaroni & Cheese Bread & Butter Broccoli Mixed Greens Salad Peaches Milk	Grilled Cheese Sandwich Tomato Soup Mixed Greens Salad Mixed Fruit Milk	Pizza Mixed Vegetables Mixed Greens Salad Applesauce Milk
7/11	Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk	Tuna Salad on Wheat Bun Carrot Sticks Mixed Greens Salad Mixed Fruit Milk	Pasta with Meat Sauce Broccoli Mixed Greens Salad Peaches Milk	Hamburger Gravy Mashed Potatoes Green Beans Mixed Fruit Milk	Pizza Mixed Vegetables Mixed Greens Salad Applesauce Milk
7/18	Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk	Grilled Cheese Sandwich Tomato Soup Mixed Greens Salad Peaches Milk	Macaroni & Cheese Bread & Butter Broccoli Mixed Greens Salad Peaches Milk	Fajita Chicken Rice Peas Mixed Greens Salad Applesauce Milk	French Toast Sausage Mixed Vegetables Mixed Fruit Milk
7/25	Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk	BBQ Chicken on Wheat Bun Carrots Mixed Greens Salad Peaches Milk	Pasta with Meat Sauce Broccoli Mixed Greens Salad Peaches Milk	Sloppy Joe on Wheat Bun Buttered Noodles Mixed Greens Salad Wax Beans Mixed Fruit Milk	Tuna Noodle Casserole Mixed Vegetables Mixed Greens Salad Applesauce Milk
8/2	Hamburger on Wheat Bun French Fries Corn Mixed Greens Salad Applesauce Milk	Grilled Cheese Sandwich Tomato Soup Mixed Greens Salad Applesauce Milk	Macaroni & Cheese Bread & Butter Broccoli Mixed Greens Salad Peaches Milk	Sliced Turkey on Wheat Bun Green Beans Mixed Greens Salad Mixed Fruit Milk	Pizza Mixed Vegetables Mixed Greens Salad Applesauce Milk

